

All-Japan Aerobic Festival 2024



All-Japan International



Slow Aerobics in Local Attire

Foreigners Living in Yamagata

Join in the Fun!



First 30 Applicants FREE!!

Date 29 June 2024 (Sat) 9:00~ Reception

Place Sanyu Engineer Gym/Culture Center
(Kaminoyama City Gym/Culture Center)

Application Deadline 6 June 2024 (Thurs)

Time	Schedule
9:00~	Costume Aerobics Reception (Until 9:45)
10:20~10:30	Slow Aerobics in Local Attire Line Forming
10:30~11:00	Slow Aerobics in Local Attire
11:05~12:30	Event / Costume Award Ceremonies (Participation is Requested)

All-Japan Aerobic Festival Website	Application Form

Please Scan for Details

Participation Gift

- ☆First 30 Applicants **FREE**
- ☆Cherry Mini-pack (Yamagata's Specialty)
- ☆Hamburger Steak Bento
- ☆Otsuka Health Products



※Items Pictured may differ from those provided

- Sponsor / Kaminoyama City • Board of Education, Japan Aerobic Federation, Others
- Backing / Yamagata City • Board of Education, Yamagata Sports Association, Others
- Special Support / Otsuka Pharmaceutical, Suzuki Motor Corporation